



Prague Tour 2018

Friday 16th March – Friday 23rd March

Contents:

Page 1: Packing Checklist

Page 2: Map of Prague

Page 3: Information about accommodation

Page 4: Itinerary, 16th, 17th, 18th, 19th March

Page 5: Itinerary, 20th, 21st, 22nd, 23rd March

Page 6: Schedule of Events – Important Timings

Page 7: Menu for group meal

Page 8: Suggestions of activities in free time

Page 9: Useful Czech Word and Phrases

Page 10/11: Public Transport Info (Including hotel/hostel map)

Page 12: Taxi, Currency, Alcohol and Police Advice

Page 13: Further Police Advice, Tipping and General Safety
Precautions

Page 14: Emergency contacts

Packing Checklist

Student ID

Passport

EHIC Card

Travel and Instrument Insurance

Instrument and associated equipment (e.g. mutes or spare reeds)

European Plug Adaptor/Extension Lead

Czech Koruna (CZK)/some Euros for the journeys

Concert clothes (all black)

Any medication incl. travel sickness tablets if necessary

Toiletries

Travel pillow

Entertainment for the bus journey

Towel

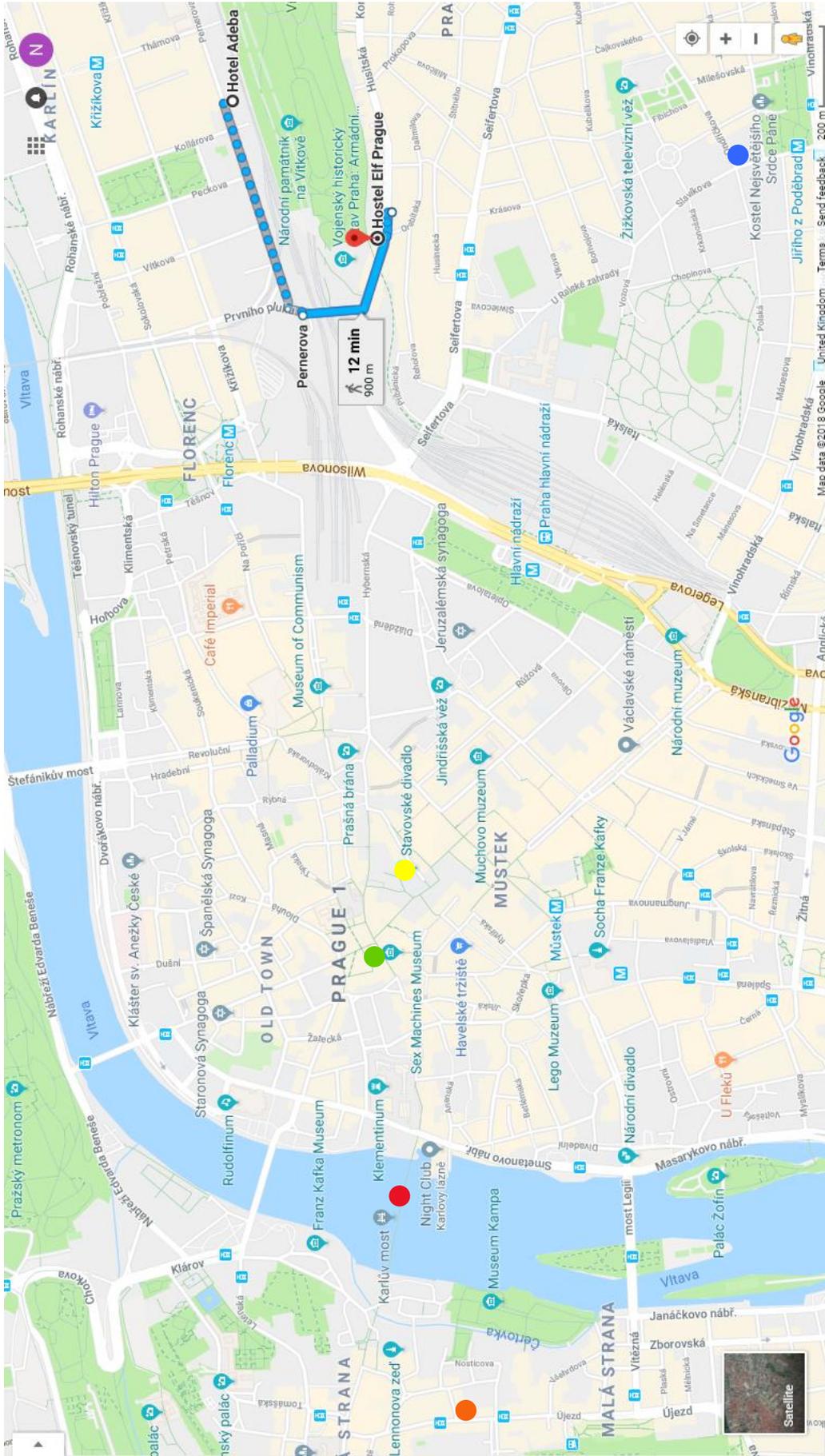
Clothes (obviously)

A warm/waterproof jacket

Padlock (if you wish to secure valuable items in the hostel lockers)

Phone, charger and headphones

Please note that any luggage that is put into the bottom compartment of the coach will not be accessible until we arrive in Prague.



- Czech Museum of Music
- Charles Bridge
- Prague Astronomical Clock
- The Estates Theatre
- Il Capitano

Accommodation

If you do not know which accommodation you are in, please ask one of the Tour Leaders (Jonathan/Natalie) or the Treasurers (Rachel/Rhys).

Hotel Adeba:

Address: Pernerova 11/16, 186 00
Praha 8-Karlín, Czechia

Phone number: +420 222 311 829

The modern three-star Hotel Adeba offers comfortable accommodation, friendly staff, a cooked breakfast (from 6:30 to 10:30am) and a wide range of services in Karlín, Prague. Check-in time is 2pm, check-out is 11am.



Hostel Elf:

Address: Husitská 888/11, 130 00
Praha-Žižkov, Czechia

Phone number: +420 222 540 963

The original backpacker's hostel in the centre of Prague. Free buffet breakfast, free tea and coffee 24hrs and free wi-fi! Check-in from 1pm, check-out is at 11am.



Itinerary

Friday 16th March 2018

Coaches leave campus at 3pm.

Please be at the coaches by 2pm to load instruments and luggage into the coaches.

Stops will be made but we would recommend bringing some food for the journey. The drivers ask that you keep the coach clean and dispose of any rubbish when we make stops.

Saturday 17th March 2018

Coaches arrive in Prague late afternoon.

Check into the hotel and hostel.

Free time in Prague and dinner in small groups (arranged independently).



Sunday 18th March 2018

Walk to Prague Castle at 10am (included in the tour price).

Prague Castle was most likely founded in around 880 by Prince Bořivoj of the Premyslid Dynasty (Přemyslovci) and is the largest coherent castle complex in the world, with an area of almost 70,000 m². A UNESCO World Heritage site, it consists of a large-scale composition of palaces and ecclesiastical buildings of various architectural styles, from the remains of Romanesque-style buildings from the 10th century through Gothic modifications of the 14th century.

Free time in Prague for the afternoon and dinner in small groups (arranged independently).

Meet at The Estates Theatre, Prague at 6:30 (please no jeans or trainers) to enjoy a 7pm production of *The Creatures of Prometheus*, Beethoven's only ballet. *Performed by students from the Dance Centre Prague. Built in 1783, The Estates Theatre is one of the oldest and most beautiful in Europe. Mozart conducted the first performance of Don Giovanni here in 1787.*

Monday 19th March 2018

Those in Hostel Elf need to meet at the reception at 8am to walk over to Hotel Adebba to collect instruments and make it onto the coaches for an 8:30am departure

9am arrival at the Prague British School.

Concert at 10:15am.

Drive to Plzen for a tour of the Pilsner Brewery (tours start at 1:45pm and 2pm). A packed lunch will be provided on the journey that is included in the price of the tour.

The tour will include the model of the brewery from the 19th century, the brewhouse from the 1930s and the historical cellars, where Pilsner Urquell beer is still produced today using the same traditional method as during the era of the first brewer. The unique method of brewing Pilsner Urquell beer, which is identical to the method introduced in 1842 by Josef Groll will be explained. There is also the opportunity to look at the new bottling facility, which can handle 120,000 bottles per hour, and the "heart of the brewery", a modern brewing facility from 2004.

Please may all students ensure they have their university ID/ISIC cards with them.

Free time in Plzen for food and exploring before departing for Prague at 5:30pm.

Tuesday 20th March 2018

Meet at Hotel Adeba for 10:30am departure for Kutna Hora (those in Hostel Elf can meet at 10am to walk over together and put instruments on the coaches).

Suggestions for activities during our time here includes:

- Sedlec Ossuary (church adorned with medieval skeletons)
- St Barbara's Church (Gothic church with medieval frescoes)

2pm: Tour of the Italian Court in English (1 hour – included in tour price) *Italian Court, is mainly the town hall of Kutná Hora but also houses the museum of minting and a former royal residence (audience hall and a unique gothic chapel painted in art nouveau style). On the tour you will learn which currency had a similar value to the euro, where the dollar comes from and which important political decisions made in the 15th century affected Central Europe as a whole. The beautiful royal chapel contains a high gothic vault, late gothic furnishings and art nouveau decorations.*

We recommend you eat a large meal during the free time in Kutna Hora.

Meet at 4.30pm for a rehearsal in the Church of St John of Nepomuk.

Concert at 7pm.

Coaches leave for Prague at 9pm, arrive back to the hotel at 10pm.

Wednesday 21st March 2018

Free time in Prague in the morning.

Meet at Hotel Adeba at 12:30pm to depart for Karlštejn castle (included in the price of the tour). *Karlštejn Castle was founded in 1348 by the Charles IV, King of Bohemia and Holy Roman Emperor as his private residence and a place of safekeeping royal treasures, especially his collections of holy relics and the Imperial Crown Jewels.*



Meet at the coaches to return to Prague at 3:30pm.

Group meal at 7pm at Il Capitano (included in the tour price)

Either return to the accommodation or join us for a bar crawl/club night in Prague.

Thursday 22nd March 2018

Relax, pack and grab some food for the journey (please check out of rooms by 11am)

Coaches depart from Hotel Adeba at 12pm.

Friday 23rd March 2018

Arrive back to campus at 11am (subject to traffic or delays)

Please ensure you take all your belongings and instruments with you.

We hope you have a lovely Easter break and we look forward to seeing you in Term 3.

Schedule of Events – Important Timings		
Friday 16 th March	2:00pm	Meet at Westwood to put bags and instruments on the bus
	3pm	Depart from Warwick campus
Saturday 17 th March	<i>3pm?</i>	Arrive in Prague
Sunday 18 th March	6am-9am	Breakfast
	10am	Meet in accommodation reception to walk to Prague Castle together
	6:30pm	Meet at the Estates Theatre
	7pm	Performance of the Creatures of Prometheus
Monday 19 th March	6am-8am	Breakfast
	8:10am	Hostel Elf residents meet in reception
	8:30am	Coaches depart from Hotel Adeba
	10:15am	Concert at Prague British School
	12:00pm	Coaches depart from Prague British School to Plzen
	1:10pm	Arrive at Plzen
	1:45pm	Group 1 start tour of Plzen Brewery
	2pm	Group 2 start tour of Plzen Brewery
	5:30pm	Coaches depart from Plzen and return to Prague
Tuesday 20 th March	6am-9am	Breakfast
	10:10am	Hostel Elf residents meet in reception
	10:30	Coaches depart from Hotel Adeba for Kutna Hora (free time in the town)
	2pm	Tour of Italian Court and Mint
	4:30	Rehearsal at the Church of St John of Nepomuk
	7pm	Concert
Wednesday 21 st March	6am-9am	Breakfast
	12:30pm	Meet at Hotel Adeba
	1:50pm	Group 1 start tour of Karlstejn Castle
	2pm	Group 2 start tour of Karlstejn Castle
	7pm	Group meal at Il Capitano
Thursday 22 nd March	6am-9am	Breakfast
	11am	Vacate rooms
	12pm	Coach departs from Hotel Adeba
Friday 23 rd March	<i>11am?</i>	Arrive back to Warwick campus



Wednesday 21st March 2018 - Start 7:00p.m.

65 guests

Slavíkova 1571/6, 130 00 Praha 3-Vinohrady, Czechia

Meals are served on the tables, guests serve themselves buffet

65 persons - Mix of starters

- Roastbeef with dijon sauce
- Salmon carpaccio
- Beef carpaccio with arugula and cheese Grana Padano
- Bruschette with tomatoes and basil
- Caprese
- Home made pastry
- Home made Foccacia

56 persons - Mix of main dishes

- Fried calamari
- Cod in guazzetto
- Grilled salmon
- Veal Cotoletta alla palermitana
- Hanger steak (beef)
- Roasted pork tenderloin in a nut crust with snow pea (mange tout)
- Tagliatelle with salsiccia
- Spaghetti aglio olio e peperoncino

Main dishes for 4 vegans

Risotto Funghi

Main dishes for 5 vegetarians

Gnocchi Sorrentina

65 persons - Side dishes

Grilled vegetable

French fries

Mix of salads

Home made pastry

Home made Foccacia

Drinks according to actual consumption - guests pay for themselves.

Suggestions for activities in free time in Prague:

Museums/Galleries/Castles:

- Czech Museum of Music
- Prague Jewish Museum & Cemetery
- Old Royal Palace

Churches:

- St George's Basilica
- Strahov Monastery

Architecture:

- Visit Charles Bridge
- Wander through the Old Town
- Watch the Prague Astronomical Clock strike on the hour
- Take a trip to see Lennon Wall



Other:

- Take the cable car up to Petrin Hill and the Observation Tower (free with a public transport pass)
- Take a taxi to Praha 9 for a bobsleigh ride (Adults :1x CZK 70, 6x CZK 370, Students: 1x CZK 70, 6x CZK 270) <http://www.bobovadraha.cz/lang-eng/>
- Dvorak Museum (Ke Karlovu 20) 10-1.30pm & 2-5pm. Not open on Monday. Small entrance charge.
- Watch a puppet show at the National Marionette Theatre

Top-Rated Restaurants near Florenc:

- Pivovarsky Klub, ££-£££, Krizikova 17 (Pub, European)
- Guilin Chinese Restaurant, £, Za Porichskou branou 382/16 (Chinese)
- Pizzeria Aria, £, Krizikova 9 | 186 00 Praha 8 (Italian)
- Buvette - Coffee Kitchen Wine, ££-£££, Krizkova 275/11, (French, Czech)
- Polevkarna Pani Manco, ££-£££, Krizhikova 275/11, (Czech)
- Florin, £, Krizikova 11, (International, Czech)
- Loving Hut, £, Na Poříčí 25, 110 00, Prague 1 AND Dukelských hrdinů 18, 170 00, Prague 7 (international vegan chain)

Useful Czech Words and Phrases

Yes = ANO (ano)

No = NE (ne)

Please = PROSÍM (proseem)

Thank you = DEVKUJI VAM (dyekooyi vam)

Hello = DOBRY DEN (dobree den) or Ahoj (ahoy)

Goodbye = NA SHLEDANOU (nas-khledanow)

I'm sorry = LITUJI (lituyi)

Excuse me = PROMINTE (promintey)

What is your name? = JAK SE JMENUJETE? (yak se menooyete)

My name is... = JMENUJI SE... (menooyi se)

Yes, Officer. Of course, my favourite composer is Dvorak. =

ANO, DŮSTOJNÍK. SAMOZŘEJMĚ, MŮJ OBLÍBENÝ SKLADATEL JE DVOŘÁK.

How are you? = JAK SE MÁTE? (jak se mahte)

Fine thanks, and you? = DEVKUJI DOBRVE, A VY? (dyekooyi dobrzhe, a vi)

Help me find my sheet music before the librarians find out. = POMOZTE MI
NAJÍT SI HUDEBNÍ NOTY PŘEDTÍM, NEŽ SE KNIHOVNÍCI DOZVĚDÍ

I understand. = ROZUMÍM (rozooeem)

I don't understand. = NEROZUMÍM. (nerozooeem)

Do you speak English? = MLUVÍTE ANGLICKY? (mlooveete anglitskee)

I don't speak Czech. = NEMLUVÍM CVESKY. (nemlooveem chehskee)

Nice to meet you = TĚŠÍ MĚ. (tyeh-sheee mnyeh)

I have always said that Pilsner is the greatest beer in the world. = VŽDY JSEM
ŘÍKAL, ŽE PLZEŇ JE NEJVĚTŠÍM PIVEM NA SVĚTĚ

We should all buy drinks for Natalie. = MĚLI BYCHOM VŠICHNI KOUPIŤ NÁPOJE
PRO NATALIE.

Where is the bathroom? = KDE JE TOALETA? (kdeh yeh toh-ah-le-ta)

Where can I replace my G string? = KDE MOHU NAHRADIT ŘETĚZEC G?

How much is it? = KOLIK TO STOJÍ? (koh-leek toh stoh-ye)

Two beers please. My friend is paying. = DVĚ PIVA PROSÍM. MŮJ PŘÍTEL PLATÍ.

I told you not to buy that last Staropramen. = ŘEKLA JSEM VÁM, ABYSTE SI TEN
POSLEDNÍ STAROPRAMEN NEKOUPIĻ

What is it? = CO JE TO? (tso yeh toh)

General Information

Public Transport:

Public transport in Prague is frequent, punctual, clean and safe. The different types of transport are very well integrated. Everything is logically laid out and clearly signed making the system very easy to understand. On-board displays and announcements on metro trains, trams and buses make missing a required stop very unlikely. Some unfrequented stops on trams and buses are "request stops" (na znamení in Czech) so look for that on the information displays and in the announcements. If you wish to board on such station, you just need to be visible for the driver, however if you wish to disembark, press the green button in tram (if there's no green button, the tram will always stop) and the red button in buses. Those are located on the doors or near them.

It is possible to use the Metro, Trams, City Buses (of lines 100-299 (day) and 500-599 (night)), Petřín funicular, Ferries, Intercity buses (of lines 300-399 and 600-699) and some trains on a single ticket.

Tickets and passes are sold from machines at metro stations and some tram stops (coins only). Fares are paid in time increments: 24 CZK = 30-minute ticket, 32 CZK = 90-minute ticket, 110 CZK = 24-hour ticket, and 310 CZK = 72-hour ticket. There is also a 3-day pass option which comes highly recommended. Tickets are valid for the given length of time and passengers can freely transfer between modes of transport.

Validate your ticket before descending on the metro escalators or on entering a tram or bus (day passes must be stamped the first time you use them). For the metro, you'll see stamping machines at the top of the escalators. In trams and buses there will be a stamping machine in the vehicle by the door.

The Prague Metro network consists of three lines designated by letters and represented by colour:

Green Line A (Nemocnice Motol - Depo Hostivař)

Yellow Line B (Zličín - Černý Most)

Red Line C (Letňany - Háje)

Line A is the most popular with tourists as it serves Prague Castle (Malostranska), The Old Town (Staromestska), Wenceslas Square (Mustek, Muzeum) as well as connecting with bus 119 to/from the airport at Nadrazi Veleslavin.

You can transfer between lines at Můstek station (lines A and B), Muzeum station (lines A and C) and Florenc station (lines B and C).

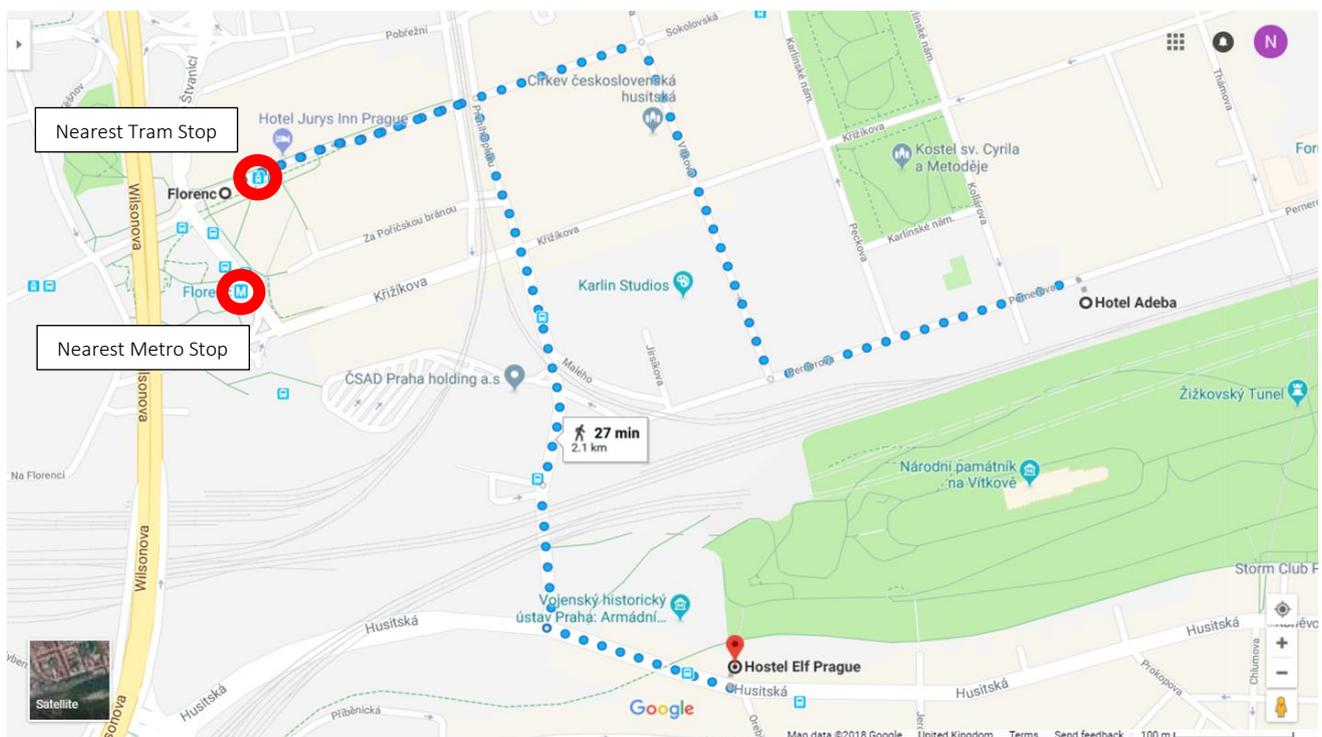
Hours of operation are daily from 5am to 12 midnight. The time interval between train departures is approximately 2-3 minutes during the weekday rush hours and 4-10 minutes during the off-peak.

If you travel on public transport you must buy a ticket and validate it before you travel. Plain-clothed (or sometimes uniformed, particularly on the metro) ticket inspectors, identified by an official golden badge (holding it in their hand) and an ID card that they have to present upon request (the card must have the same ID number as the badge), regularly check passengers and are authorised to fine a passenger without a valid ticket. You'll be fined on the spot if you are travelling with a ticket that has not been validated. The fine, usually 800 CZK (around £22.00), is paid directly to the ticket inspector. You should get a receipt. If you can't pay the fine you may be arrested. The fine can be higher if you're unable to pay on the spot. You can buy tickets at most large hotels, metro stations and at many newspaper stands ('Trafika') and convenience stores.

You may be fined if you attempt to cross a road or tram tracks within 50 metres of a designated crossing point (commonly marked by 'zebra' style crossing or traffic lights). You may also be fined if you cross at a pedestrian crossing if the green pedestrian crossing light is not lit. Every year there are accidents involving trams. Take extra care when near tram tracks and make sure you look both ways. Trams can't stop quickly.

For Hostel Elf: The closest tram stop is 'Florenc' on Line C (the red line). The metro stop is also called 'Florenc'. Once you are off the metro (close to the McDonalds), there is a bus stop for the buses number 133, 207 and 175. Take any of these buses for two stops to the station is called 'U Pamatniku', cross the street and walk 20 metres down to the hostel.

For Hotel Adeba: Hotel Adeba is a close walk from the Florenc Metro, Tram and Central Bus Station.



Taxis: It's safer to use a major taxi company like Tick Tack tel: 14 144 or AAA tel: 233 113 311. If you do pick up a taxi in the street, always check the fare per km before getting in. Some taxis can charge highly inflated prices. The rates should be clearly marked on the side of the taxi. Uber operates in Prague and is cheaper than taxis. Remember that international charges may be incurred.

Currency: The Czech Republic uses Czech crown (Koruna/CZK) – Euros aren't widely accepted in Prague and the exchange rate isn't very good. It is recommended that you take some Euros for the journey over there and back.

£1 = 28.7 CZK

£5 = 143.95 CZK

1 Koruna = £0.03

£10 = 287.90 CZK

€1 = 25.39 CZK

£25 = 719.75 CZK

1 Koruna = €0.04

£50 = 1439.51 CZK

Alcohol: Obviously, we want you to have fun and enjoy alcohol, however, for your own safety, please stay with a group of at least five friends when/after drinking and never be irresponsible. Drunken or offensive behaviour in public is dealt with according to Czech law and may result in detention and or fines. Please be aware that the taking of drugs is strictly prohibited.

Prague City Police advises visitors of the following:

- always exchange currency at a currency exchange office or bank, never on the street as this money is often counterfeit
- avoid contact with women and men acting as street prostitutes as they are often pickpockets
- take care when using cash machines
- the sale and distribution of drugs is illegal and the drugs are often hazardous counterfeits
- be aware of consumption charges in night clubs; they are often high. Be careful with consumption cards, which carry high financial penalties if they are lost before the bill is paid
- Take care of yourself and your belongings in the same way as you would do in the UK. Take precautions against pickpockets and bag snatchers and don't leave your belongings or food / drinks unattended.

Petty theft is a problem, especially in major tourist areas in Prague. Try to avoid busy carriages on the metro and trams, which are favoured by pickpockets. There is also a risk of pick-pocketing on flights from the UK. It is best to keep your passport and valuables with you before and during your flight.

Beware of bogus plain-clothes policemen, who may ask to see your foreign currency and passport. If approached, don't show your money, but offer instead to go with them to the nearest police station. If you suspect that you are dealing with a bogus police officer, you

can call 158 or 112 to check their identity. No police officer in the Czech Republic has the right to check your money or its authenticity.

Report any thefts in person to the Czech police within 24 hours and get a police report crime number. Prague police station (Jungmanovo namesti 9, Prague 1 – nearest metro stop is Mustek) is open 24 hours and has English translators. There's also a police station at the airport where you can get a police report. It's possible to obtain a reference number for a crime related incident by reporting it to a police station in the UK, but it's much better to report the crime in the Czech Republic.

If your passport is lost or stolen, you will need to obtain a police report and apply for an Emergency Travel Document from the British Embassy in Prague.

Every lamppost in Prague has a 6-digit number posted at eye-level. Should you require assistance from the police or emergency services, these codes will help pinpoint your location if you're unable to offer an exact address.

Tipping: in the Czech Republic is commonly expected. Foreign visitors are often expected to tip at least 10%. The tip can be left on the table but since when asking for the bill, the waiter will usually wait by your side until you pay it is more common to give the waiter the tip directly - just tell the waiter the total amount he should give you change for.

Credit cards are somewhat hit or miss in majority of the restaurants, with the exception being the more upscale ones in Prague and other major cities. Sometimes even the restaurants that have the terminal for paying with card allow you to do so only if your bill reaches certain amount. Tipping by credit card is considered somewhat undesirable, as some establishments will take part, if not all, of a credit card based tip "for the house" rather than passing it along to the server. If you are paying by a credit card, give the server a tip when he returns, or if paying by cash just round up the bill as you are paying.

It is quite common for every guest to pay his bill separately, in some cases, the waiter will ask you to pay at the cash register, often resulting in a queue.

General Safety Precautions:

When out in Prague or elsewhere please stay in groups of 3 (or 5 if you have been drinking). Please ensure you keep this booklet with you and perhaps store one or two of the emergency numbers in your phone.

Remember to drink plenty of water and dress appropriately for the weather, including sunscreen if necessary.

In an emergency, the default meeting points are the hotel/hostel receptions or by the coach if on an excursion. Follow the instructions given by the tour leaders and security personnel. In the event of a terror attack, remember to follow the RUN, HIDE, TELL procedure.

Emergency Contact Numbers

The Tour Leaders and Qualified First Aiders on this trip are as follows and should be the first port of call should you be lost or require assistance:

Jonathan Winfield (Chorus President): +44 7518 243058

Natalie Allen (Orchestra Tour Secretary): +44 7484 600590

Rachel Gaskell (Orchestra Treasurer): +44 7806 527486

Rhys Williams (Chorus Treasurer): +44 7761 820831

Bronwen Webster (Orchestra Tour Secretary – 18th-21st): +44 7864 934776

Should you be unable to contact one of us in the first instance, please contact:

Warwick Security: +44 2476 522083

Warwick SU: +44 2476 572777

Please note that the numbers for emergency services in the Czech Republic are as follows:

Police: 158

Fire: 150

Rescue/Ambulance: 155

Metropolitan Police: 156

However, the general EU emergency number is **112** and guarantees English-speaking operators.

Please remember that under the new EU regulations, it is possible to call British numbers for free in the Czech Republic but Czech numbers cannot be called without incurring an extra charge. Mobile data should work as normal under your current phone plan.

Please be aware that you are **required** to keep your passport on your person at all times while in the Czech Republic. You may be fined or arrested if you are unable to produce it on demand.

Remember to keep your belongings safe and not to leave any luggage unattended.